

SEAL Rubric

| | Basic | Developing | Expert |
|--|---|---|--|
| Situation: <i>Explain the relevant detail of the situation and what happened.</i> | A basic outline of the new experience or challenge is given, with only minimal context for learning provided. | An outline is given, with some relevant detail of the new experience or challenge and what happened. Some context for learning provided. | Relevant detail of the new experience or challenge, and what happened, has been given so that the context for the learning is well established. |
| Effect: <i>Identify the impact of the situation and what the consequences were, in order to confirm that the situation was a learning opportunity.</i> | Impact (physical or emotional response) is identified without explaining consequences, therefore it is unclear that this situation constitutes a learning opportunity. | Impact (physical or emotional response) is identified and some discussion of the consequences is given. Situation may be a learning opportunity. | Evaluation of the impact (physical or emotional response) of the situation is given. The consequences of this impact are clearly demonstrated, therefore it is apparent that this is a learning opportunity. |
| Action: <i>Provide an account of actions taken, and reasons for these actions, and the outcome(s) demonstrating a relationships between the actions and the outcome(s).</i> | Basic account of the actions taken without reflecting on why you they were taken or the outcome(s). | Account of actions taken is provided, with reflection on why these were taken and the outcome(s). Reflection shows some relationship between the actions and outcome(s). | Clear account of actions taken, along with reflection on why the actions were taken and the resultant outcome(s). Reflection shows a clear relationship between the actions and outcome(s). |
| Learning: <i>Provide reflection on the learning taken from the experience, including possible future application of this learning. Identification of particular capabilities or attributes.</i> | Basic reflection on learning is given but there is little or no identification of capabilities developed or consideration of future application. | Reflection on learning gained from the experience is given, with the identification of some capabilities or attributes developed and some consideration of possible future application. | Thoughtful reflection on learning gained from the experience is given, identification of capabilities and attributes and clearly explaining possible future application. |
| Reflective writing: <i>Provide appropriate level of detail to provide context, with focus on personal perspective. Reflection explains why this experience is important for self-development. Areas for future improvement identified.</i> | Basic context provided with limited consideration of why things happened or why this might be important for self development. Little or no indication of where improvements could be made. | Enough detail have been provided to understand the context with a personal focus. Some consideration of why things happened and evaluation of why this is important for self development. The reflection indicates where improvements could be made. | Focus on the students' personal experience (not that of the team or others). Consideration of why things happened and evaluation of why this is important for self development. The reflection is thoughtful and acknowledges where improvements could be made. |